

## GENERAL INFORMATION

All information is subject to possible modifications in adaptation to the operating specifications of the official regulations

<b>Students:</b>	20
<b>Age and Nationality:</b>	No restriction
<b>Fees per year:</b>	4.040 € a year
<b>Schedule:</b>	Monday through Friday 9:00am to 5:00pm (with variations depending on the program). Some of the activities and practical work training sessions take place on weekends.
<b>Hours:</b>	35 hours a week. 1200 hours a year
<b>Duration:</b>	First year: October 2021 to July 2022 Second year: October 2022 to May 2023
<b>Objectives:</b>	<p>Develop the physical qualities, basic training and specific training in circus techniques.</p> <p>Incorporate drama technique, in order to be able to be on stage, and perform in a believable manner.</p> <p>Develop the creative capacity of the individual and the group, as the basis for the formation of new artists.</p> <p>Introduce the pedagogy of teaching circus arts.</p> <p>Complete the formation process with the appropriate theoretical subject matter.</p> <p>Prepare students who want to continue their circus training in one of the Superior Schools of Circus Arts</p> <p>Prepare students for their incorporation in the labor market.</p> <p>To facilitate and energize the job market in the service sector due to the current demand for professional companies and artists for indoor and street performances or animation, as well as to support complementary training in educational centres.</p>
<b>Keep in mind:</b>	<p>For students who have been admitted. The student must present European Health Insurance Card (European student) or medical insurance (no European student) on or before the first day of class (card or copy of insurance policy), if possible, in Spanish. If you must take out the insurance specifically for the school, we recommend that you do so with a Spanish company for the best attention, and to facilitate visa procedures</p>

### Entrance exam – Ordinary call

Auditions can be taken in one of two formats:

**PRESENIAL or ONLINE**

**Registration deadline:** June, Thursday 10<sup>th</sup>, 2021

**Publication of results:** July, Friday 2<sup>nd</sup>, 2021

**Presential format:** Tuesday 29<sup>th</sup> of June to Thursday 1<sup>st</sup> of July, 2021

A tribunal constituted by teachers from the school will evaluate the candidates' previous formation, physical condition, technical level, quality of movement, expressiveness, stage presence, potential for creativity, aptitude for theatrical expression, behavior in group, attitude and other essential characteristics that determine the entrance to the course.

1<sup>st</sup> phase: physical test (see annex 1) and numbers (maximum number length: 3 minutes)

2<sup>nd</sup> phase: work shops and personal interview

**Online format:** The same tribunal of presential format, constituted by teachers from the school, will evaluate the material submitted by the applicants

**IMPORTANT: A September extraordinary call will only be made if there are still places available after the ordinary call.**

## TABLE OF COURSE CONTENTS – 1<sup>st</sup> YEAR

### **Training and Basic Techniques**

- Physical conditioning
- Dance
- Acrobatics: floor acrobatics, trampoline, hand balance, acrodance
- Drama
- Creation Laboratory

### **Circus Techniques – First term: multidisciplinary**

**Second term: choice of specialities**

- Balance on apparatus
- Aerial Techniques
- Juggling
- Acro Balance

### **Pedagogic Techniques**

- Teaching Methods
- Teaching Practice

### **Theoretical Courses**

- Movement analysis
- Security and Prevention
- History of Circus
- Theatrical Theory and Dramaturgy
- Nutrition and Health
- Make up
- Lighting and sound techniques
- First aid
- Aesthetic creation

### **Group show**

- Preparation and presentation of a collective End of Year Show

### **Formative Actions**

- Practice in spectacles, galas, events
- Conferences and visits

## TABLE OF COURSE CONTENTS – 2<sup>nd</sup> YEAR

### 1<sup>st</sup> PHASE

- Physical conditioning
- Dance
- Drama
- Acrobatics: floor acrobatics, trampoline, acrodance
- Creation Laboratory
- Pedagogy
- Introduction to choice subjects

### 2<sup>nd</sup> PHASE

#### Common Subjects

- Physical conditioning
- Dance
- Acrobatics: floor acrobatics, trampoline, acrodance
- Drama Training

#### Main and Secondary Choice Subjects

- Balance on apparatus
- Aerial Techniques
- Juggling
- Hand to hand
- Handstands
- Other specialties depending on the course: teeterboard, chinese pole
- Teaching Practice

#### Theoretical Courses

- Biomechanics
- Aesthetic creation
- Labor Guidance
- Computing

#### Creation of circus acts

- Individual Tutorials: monitoring act creation
- Presentation of the individual, pair or small groups end of year act

#### Workshops

- Technical/artistic workshops with specialized external teachers (FEDEC schools and others)

#### Formative Actions

- Practice in festivals
- Conferences and visits

### STAFF

- Director	Donald B. Lehn
- Artistic Direction	Javier Jiménez
- Headmaster	Helena Lario
- Administration	David León
- Secretary	Aranzazu Alonso / Carolina Rivainera
- Artistic Director 1 <sup>st</sup> year	Hernán Gené
- Acrobatics	Helena Lario
- Dance / Creation Laboratory	Iris Muñoz
- Acrodance	Stefano Fabris
- Theater/Theatrical Theory/ Dramaturgy	Hernán Gené and guest teacher
- Trampoline	Jose Muñoz
- Physical Conditioning	Rafael Martín / Nina Savidí
- Balance on apparatus	Vasily Protsenko
- Aerial Techniques	guest teachers
- Juggling	Oscar Diéguez
- Acrobalance	Rafael Martín
- Handbalance	Stefano Fabris / Vasily Protsenko
- Chinese pole	guest teacher
- Teeterboard	guest teacher
- Pedagogy	Rocío Jiménez and educational department
- History of Circus	Javier Jiménez
- Movement analysis	Nina Savidí
- Nutrition and Health	guest teacher
- Lighting and sound techniques	guest teacher
- Make up	guest teacher
- Aesthetic creation	guest teacher
- Other subjects	guest teachers

**ENTRANCE EXAMS  
ORDINARY CALL PRESENTIAL**

**Escuela de Circo CARAMPA**  
Camino Robledal, 2  
Casa de Campo, 28011 – Madrid - España  
Teléfono +34 91 479 26 02 [info@carampa.com](mailto:info@carampa.com) [www.carampa.com](http://www.carampa.com)

**REGISTRATION DEADLINE:**

June 10<sup>th</sup>, 2021

**FEE**

25 € by bank transfer in Euros to the account of the Asociación de Malabaristas

Triodos Bank  
Asociación de Malabaristas  
ES34 1491 0001 2430 0009 2170  
BIC: TRIOESMMXXX  
Indicar en el concepto “NOMBRE APELLIDO INSCRIPCION ACCESO”

**DOCUMENTATION REQUIRED**

- Official Inscription Form, click [here](#)
- Motivation letter.
- Copy of DNI (Spanish citizens) NIE (Spanish residents) or Passport/ID Card (other countries)
- Medical Certificate: able for physical activities
- Study Certificate
- Copy of valid European Health Card (European citizens). Non European must provide a copy of a healthcare insurance policy valid in Spain which will cover healthcare incidences during the entrance exam. These documents must reach the school a few days before the beginning of the admissions process.
- 1 passport size photos (just head), and 1 photo of the whole body.

**EXAMS SCHEDULE**

**June, Tuesday 29**

<b>10:00 to 11:30</b>	Revision of documentation
<b>11:30 to 11:45</b>	Welcome: introduction and explanation
<b>12:15 to 14:00</b>	Physical Tests
<b>15:00 to 17:00</b>	Workshop: Acrobatics
<b>(17:00 to 18:30)</b>	space available for training numbers)

**June, Wednesday 30**

<b>10:00 to 12:00</b>	Presentation of numbers (max 3 minutes)
<b>12:00 to 14:00</b>	Workshop: Drama
<b>15:00 to 16:00</b>	Workshop: Balance on apparatus
<b>16:30 to 17:30</b>	Workshop: Juggling

**July, Thursday 1**

**10:00 to 12:00**

Workshop: Aerial Techniques

**12:00 to 14:00**

Workshop: Dance

**15:00 to 17:00**

Interviews

**July, Friday 2**

**10:00 to 13:00**

Deliberation of the tribunal.

**15:00**

Publication of the list of candidates who have been selected.

**Physical Test**

**FLEXIBILITY**

<b>Nº</b>	<b>test</b>	<b>description</b>
1	Legs- split	Split with left leg and right leg Shoulders symmetrical and frontal. Hands to the sides, with weight evenly distributed. Legs extended.
2	Legs- frontal	Sitting with legs separated and back straight. Arms extended next to the head. Descend the upper body with the back straight. Legs extended with knees upwards.
3	Lumbar/shoulders	Bridge. Laying on back. Hands placed at shoulder width, legs together. Extension of legs and arms.
4	Lumbar/posteriors	From stand position, forward flexion of the trunk over legs, placing hands on the floor facing backward. Legs stretched.

**STRENGTH**

<b>Nº</b>	<b>test</b>	<b>description</b>
5	Arms: biceps	Hanging from trapeze with dorsal grip, arms and body extended. Flexion of arms, until the chin is above the level of the trapeze bar. (Complete extension of arms in between.)
6	Arms: triceps	Supported by hands and feet on floor, body straight. Flexion and extension of arms, with elbows closed (push-ups).
7	Abdominals	Hanging with back towards the wall bar. Lifting of both legs together, to touch the bar above the head. (maximum score with legs extended)
8	Legs: jumping	Standing on mat: 10 jumps: 5 with knees to chest (tuck jump), 5 opening legs to the sides (straddle jump).
9	Rope	Climb the rope in any position. Max. score with legs extended horizontally (together or separated).

**ENTRANCE EXAMS  
ORDINARY CALL ONLINE**

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Camino Robledal, 2  
Casa de Campo, 28011 – Madrid - España  
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**REGISTRATION DEADLINE:**

June 10<sup>th</sup>, 2021

**FEE**

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Indicar en el concepto “NOMBRE APELLIDO INSCRIPCION ACCESO”

**DOCUMENTATION REQUIRED**

- Official Inscription Form, click [here](#)
- Motivation letter.
- Copy of DNI (Spanish citizens) NIE (Spanish residents) or Passport/ID Card (other countries)
- Medical Certificate: able for physical activities
- Study Certificate
- 1 passport size photos (just head), and 1 photo of the whole body.

**INSTRUCTIONS ABOUT THE MATERIAL TO BE SUBMITTED**

- Please **do not send photos or videos attached or embedded in the registration email**, send it in a WeTransfer or a link to a drive/cloud where we can access it without any problem. Keep an eye on your email to give us access permission in case we have problems. The drive/cloud link will be to the folder containing the documentation, video and/or images, do not send a link for each of them.
- Ways to submit the video:
  - WeTransfer
  - YouTube link (Hidden or public, not private)
  - Vimeo link with download permission.
  - Drive/Cloud link.
- Video format:
  - Record all shots horizontally.
  - Send a single video with all the requested content.
  - Same order as indicated in the audiovisual content (see below the summary of the video order).



- Section 2 (technical-artistic number) and 4 (movement skills), do not allow cuts or editing, it has to be recorded in a single take.
  - The rest of the sections do allow edition.
  - Avoid the use of music and/or background noise in sections 1 (physical skills) and 3 (acrobatic skills).
  - Titles of the video (see below summary of the video order):
    - At the start of the video, a first title with the name of the candidate.
    - Indicate, by means of titles, each time the section is changed.
- Example: 1. Physical skills – Strength

Summary of the order of the content of the video, in bold the titles to be included:

**0. Candidate name**

**1. Physical test – Flexibility**

- 1.1. Legs-split
  - 1.1.1. Frontal side camera view
  - 1.1.2. Side camera view
- 1.2. Legs front
  - 1.2.1. Side camera view
- 1.3. Lumbar/shoulder
  - 1.3.1. Side camera view
- 1.4. Lumbar/posterior
  - 1.4.1. Side camera view

**2. Physical aptitudes – Strength**

- 2.1. Arms: biceps
  - 2.1.1. Side camera view
- 2.2. Arms: Triceps
  - 2.2.1. Side camera view
- 2.3. Abdominals
  - 2.3.1. Side camera view
- 2.4. Legs: jumping
  - 2.4.1. Frontal camera view
- 2.5. Rope

**3. Technical-artistic number**

**4. Acrobatic skills**

- 4.1. Headstand
- 4.2. Handstand
- 4.3. Roll forward
- 4.4. Roll backward
- 4.5. Handstand to roll forward
- 4.6. Roll backward to handstand
- 4.7. Cartweel
- 4.8. Round off (optional)

4.9. Handspring (optional)

4.10. Back flic flac (optional)

**5. Movement skills**

**6. Circus technique** (optional)

**DETAILED DESCRIPTION OF THE AUDIOVISUAL CONTENT**

**1- Physical Test** (compulsory) – FLEXIBILITY

Nº	test	description
1.1	Legs- split  Frontal and side camera view	Split with left leg and right leg Shoulders symmetrical and frontal. Hands to the sides, with weight evenly distributed. Legs extended.
1.2	Legs- frontal  Side camera view	Sitting with legs separated and back straight. Arms extended next to the head. Descend the upper body with the back straight to the floor. Legs extended with knees upwards.
1.3	Lumbar/shoulders  Side camera view	Bridge. Laying on back. Hands placed at shoulder width, legs together. Extension of legs and arms.
1.4	Lumbar/posterior  Side camera view	From stand position, forward flexion of the trunk over legs, placing hands on the floor facing backward. Legs stretched.

**2- Physical Test** (compulsory) – STRENGTH

Nº	test	description
2.1	Arms: biceps  Side camera view	Hanging from trapeze with dorsal grip, arms and body extended. Flexion of arms, until the chin is above the level of the trapeze bar. (Complete extension of arms in between.)
2.2	Arms: tríceps  Side camera view	Supported by hands and feet on floor, body straight. Flexion and extension of arms, with elbows closed (push-ups).
2.3	Abdominals  Side camera view	Hanging with back towards the wall bar. Lifting of both legs together, to touch the bar above the head. (maximum score with legs extended)
2.4	Legs: jumping  Frontal camera view	Standing on mat: 10 jumps: 5 with knees to chest (tuck jump), 5 opening legs to the sides (straddle jump).
2.5	Rope  Any camera view	Climb the rope in any position. Max. score with legs extended horizontally (together or separated).

### **3- Technical-artistic Act (compulsory)**

Maximum duration of three (3) minutes (NEVER MORE THAN THAT TIME)

*Not only technical skills, but also expressiveness, stage presence, potential for creativity, and aptitude for theatrical expression will be taken into account in the evaluation.*

### **4- Acrobatic skills**

Compulsory

- 4.1. Headstand: tuck to headstand. Hold 3 seconds
- 4.2. Handstand: kick to handstand. Hold 3 seconds
- 4.3. Roll forward
- 4.4. Roll backward
- 4.5. Handstand to roll forward
- 4.6. Roll backward to handstand
- 4.7. Cartweel

Optional

- 4.8. Round off
- 4.9. Handspring
- 4.10. Back flic flac

### **5- Movement skills (compulsory)**

Staging with movement. Maximum duration of two (2) minutes. With music

### **6- Circus technique (optional)**

It will only be sent if the circus technique(s) included are different from what was shown during the Technical-Artistic Act (#2), and the candidate wish to find out more about its technical capabilities. Maximum duration of three (3) minutes

